

### Teacher Preparation

Readings: Matthew 5:9; Romans 5:1; 12:18; Philippians 4:6-7

Lesson Objective: The student will learn God wants us to live peaceful lives.

Materials: two pocket folders or paper stapled together, and ink pens or pencils

Memory Verse: "Happy are those who strive for peace – they shall be called the sons of God" (Matthew 5:9).

### Lesson Summary

Have you ever heard someone ask, "Can I get a little peace and quiet?" Peace is a word that is used often, but do we really know what true peace is? The Bible tells us we should work real hard to have peace; but we need help with having peace. In Romans 5:1, the Bible promises that when we are made right with God, we then have peace with God through faith in Jesus Christ. Jesus helps us to live a peaceful life. When we have a close relationship with Jesus, our minds are calm and we are not constantly changing our moods or emotions based on what is happening around us. When we receive salvation, we become a friend of God! And as our friend, God wants to help us have peace in our lives with others too. In Romans 12:18, the Bible says, "If it is possible, as far as it depends on you, live at peace with everyone." We should always, with God's help, be peaceful and not wanting to fight others. With God as our friend, we should treat everyone else as our friend too. Do you like to talk with your friends? Of course! We should want to talk to God too because He is our friend. In Philippians 4:6-7, the Bible lets us know that we should not worry about everything; we should tell God our needs and not forget to thank God when he gives us answers. If we do this, the Bible tells us we will experience God's peace, which is so amazing that our minds can't fully understand how great God's peace is! How wonderful that God wants to give us peace; and the Bible tells us to seek God to receive His peace! God really is the greatest friend we could ever have!

**Bible Point:**  
**God gives  
peace!**



### Ideas to Illuminate:

1. Have each student take a turn telling something he/she needs. After all needs are spoken, have prayer with your students. Then have each student tell something they are thankful for that God has done. Emphasize Philippians 4:6-7.
2. Have each student create a prayer journal. Have them decorate the cover. Then encourage them to write prayer requests in the journal, as well as when God answers prayer. This could be brought back each Sunday for a brief time of sharing all God is doing in each student's life.

### Questions for Class Discussion:

1. Who can help us have peaceful lives?
2. Who should we have peace with?
3. How amazing is God's peace?

### Teacher Preparation

Readings: Matthew 18:23-33

Lesson Objective: The student will learn God wants us to be patient and longsuffering with others.

Materials: Construction paper, and crayons or markers

Memory Verse: "With all lowliness and gentleness, with longsuffering, bearing with one another in love" (Ephesians 4:2).

### Lesson Summary

The Kingdom of Heaven can be compared to a king who decided to bring his accounts up to date. In the process, one of his debtors was brought in who owed him \$10,000,000! He couldn't pay, so the king ordered him to be sold for the debt, also his wife and children and everything he had. But the man fell down before the king, his face in the dust, and said, "Oh, sir, be patient with me and I will pay it all." Then the king was filled with pity for him and released him, forgiving his debt. But when the man left the king, he went to a man who owed him \$2,000 and grabbed him by the throat, demanding instant payment. The man fell down before him and begged him to give him a little time. "Be patient, and I will pay it," he pled. But his creditor wouldn't wait. He had the man arrested and jailed until the amount would be paid in full. Then the man's friends went to the king and told him what had happened. And the king called before him the man he had forgiven, saying, "You evil-hearted wretch! Here I forgave you all that tremendous debt, just because you asked me to – shouldn't you have mercy on others, just as I had mercy on you?" This story found in Matthew 18:23-33 is a great example of someone who showed longsuffering and of one who did not. Longsuffering is having or showing patience in spite of troubles, especially those caused by other people. After the king was longsuffering with a debtor who owed a large amount of money, the debtor did not show the same to another man who owed him a much smaller debt. We also should be patient with others even when they may have caused some trouble. We should give people a chance and not be unforgiving; and we should try to be understanding of what someone is going through. God is the ultimate example of longsuffering as He is patient with all of His creation by giving them time to turn to Him. As we follow God, He gives us the patience we need to be longsuffering with others too.

**Bible Point:  
Practice  
patience!**



### Ideas to Illuminate:

1. Have students act out the story found in Matthew 18:23-33. The teacher should be the narrator as the students act out the parts.
2. Have each student make a ticket to heaven. Already have pieces of construction paper cut into rectangles. On one side have them write "ticket to heaven" and on the other side write "cost." As you discuss Christ's longsuffering with the students, emphasize that our cost to heaven is paid in full by Christ's dying on the cross for us. Go around and write "paid in full" on each ticket as you are discussing longsuffering with the students.

### Questions for Class Discussion:

1. What does longsuffering mean?
2. How was the king longsuffering with one of his debtors?
3. If someone is causing trouble around us, should we be patient with him/her? Why?

### Teacher Preparation

Readings: Ephesians 4:30-32; Titus 3:2

Lesson Objective: The student will learn examples of how to show gentleness to others.

Materials: Construction paper, and crayons or markers

Memory Verse: "To speak evil of no one, to be peaceable, gentle, showing all humility to all men" (Titus 3:2).

### Lesson Summary

When you think of the word gentle what comes to mind? Do you think about babies or animals? Why do we want to be gentle to them? Do they seem precious or do you feel like you need to be careful with them? God feels the same about His creation too. His creation includes you and me! He does not want us to be treated in a bad way. Also, He wants us to treat each other with gentleness. How do we treat each other with gentleness? The Bible gives us some good examples of what not to do in Ephesians 4:31. The Bible tells us to stop being mean. We need to be nice and to not be quick tempered and easily angered. This does not mean we will never feel mad, but we must depend on God to help us control our feelings. If we are quick to act out when we are mad, we usually say or do something that hurts others. The Bible also tells us that fighting, harsh words, and not liking others has no place in our lives. Ephesians 4:32, the Bible goes on to tell us that instead we should "be kind to each other, tenderhearted, and forgive one another, just as God has forgiven you if you belong to Christ." If we belong to Christ, we are forgiven. We should then show forgiveness to others. May God help us to show gentleness and be quick to forgive others! If we ever question what would be the right thing to do, we can always pray to God and read His Word to find an example to follow. Where He leads us, we will follow by example. Let's be an example of God's gentleness everywhere we go!

**Bible Point:**  
**Be gentle to others.**



### Ideas to Illuminate:

1. Have the students to act out being gentle and the opposite of gentleness, without making any sounds. The students can take turns like charades, and the audience can guess if they are showing gentleness or not.
2. Have the students to make gentleness cards. Have them make a list of ways to show gentleness, and they can put these in their Bibles as reminders.

### Questions for Class Discussion:

1. How can we show gentleness to others?
2. What does the Bible tell us in Ephesians about gentleness?
3. Where should we look to find examples of gentleness?

### Teacher Preparation

Readings: Luke 6:27-35

Lesson Objective: The student will learn that God wants us to show goodness to others.

Materials: Rulers or construction paper cut out and marked like rulers, a poster board, and crayons or markers

Memory Verse: "And just as you want men to do to you, you also do to them likewise" (Luke 6:31).

### Lesson Summary

I'm sure you've heard someone say the golden rule before – "Treat others the way you want to be treated." Did you know that the golden rule is found in the Bible? It is found in Luke 6:31. Do you want others to treat you good or bad? Of course, you want to be treated good; and God wants us to treat others good as well. But what if others are treating you bad, should you treat them bad? No! Jesus taught a very important lesson in Luke 6:27-28. He told us to love our enemies and do good to those who curse us. Jesus also said to beg for God's blessing on those who hurt us. Just because Jesus taught us to treat others good no matter what, does this mean it is easy to do? You might think there's no way I can treat someone good who is treating me bad. You're right; we cannot do this on our own. So we all need Jesus to help us. He can help us by showing us the right attitude and how to treat others with goodness. When we treat others good – even when they don't deserve it – God's love is being shown through us, and this pleases God. When we truly care for others with goodness, we are acting like true children of God. People will notice when we are being kind to others who are unthankful, and when we are being good to those who do us wrong. With God's help, we should always try our best to show goodness to others. This will reflect the goodness that God has shown to us. He truly loves us, and He wants us to treat others with goodness. Why? It's for our own good as well. God wants to bless us; and he will reward us for being good to others. Let's show the goodness of God to everyone we know!

**Bible Point:  
Show God's  
Goodness!**



### Ideas to Illuminate:

1. Give each student a ruler. On one side have them to write "The Golden Rule." On the other side write the memory verse. Go over the memory verse several times, and then have each student try to quote the memory verse without looking at it.

2. As you discuss with your students how they can show goodness, create a classroom goodness guide on a poster board. Be creative! As students tell ideas about treating others with goodness, you could make them into a map (each marking on the map is an idea of goodness, like "Stop and help your neighbor"), or make each idea look like an app on a phone (the face of the phone being the poster board).

### Questions for Class Discussion:

1. What is the golden rule? Where is it found in the Bible?
2. Is it possible to treat others good when they treat you bad? How?
3. Whose love is being shown when we treat others with goodness?